amare

Amare Ever Balance™

Balance That Keeps Up with You

What It Is

A daily, science-backed supplement uniquely formulated with herbs and phytonutrients to support healthy hormone balance, mood and overall wellness through every phase, shift, and transition of your hormonal journey.*

Why You Need It

Hormones shift. Life shifts. From monthly fluctuations to perimenopause changes to post menopause balance, your body deserves support that adapts with you.*

How It Works

Ever Balance is powered by a proprietary blend of FenuSmart™ and Chasteberry that work alongside each other supporting healthy hormones, mood, and overall wellness.*

- **FenuSmart™** - a patented Fenugreek seed extract with a unique bioactive composition that works with your body's rhythms to promote hormonal health. Fenusmart™ is backed by four clinical studies and is shown to decrease irritability during PMS, ease hot flashes during perimenopause and help maintain healthy hormone balance after menopause.*
- **Chasteberry** - has been used for over 2,500 years in women's health to support menstrual and premenstrual cycles, and when combined with FenuSmart™, they work in harmony to deliver superior support.*

PLANT BASED

SUGAR FREE

NON-GMO

NO ARTIFICIAL PRESERVATIVES

NO ARTIFICIAL COLORS

NO ARTIFICIAL FLAVORS

NO ARTIFICIAL SWEETENERS

FenuSmart™ is a trademark of Akay Group.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

amare

The Science

Ever Balance is formulated with the key ingredient FenuSmart™, clinically studied to support women's hormonal wellness through PMS, perimenopause and post menopause.

Premenstrual Support

Monthly hormonal shifts can affect mood and sexual well-being. In healthy menstruating women, daily use of the key ingredient FenuSmart™ for 42 days reduced sexual difficulties by 41.6% and irritability by 40%, supporting a more balanced menstrual cycle.**

Perimenopause Support

During perimenopause, hormonal changes can lead to hot flashes, night sweats, and mood fluctuations. Women taking FenuSmart experienced a 26% reduction in vasomotor symptoms and a 31.8% decrease in negative mood within just 42 days.***

Post Menopause Support

Even after menopause, hormones continue to influence mood, libido, and overall vitality. FenuSmart™ has been shown to reduce the severity of hot flashes by 47.8%, night sweats by 53%, mood swings by 69%, sleeplessness by 71%, mood by 49% and irritability by 76%.****

**Statistics are based on a study of 24 female participants using FenuSmart™ for 42 days.

***Statistics are based on a study of 48 female participants using FenuSmart™ for 42 days.

**** Statistics are based on a study of 48 female participants using FenuSmart™ for 42 days.

Supplement Facts

Serving Size: 2 Capsules
Servings Per Container: 30

Amount Per Serving		%DV
Ever Balance Proprietary Blend	600 mg	†
FenuSmart™ Fenugreek seed extract (*Trigonella foenum-graecum*), Chaste Tree Berry Extract		

† Daily Value (DV) not established.

Other Ingredients: Hydroxypropyl methylcellulose (vegetable capsule), Microcrystalline cellulose, Magnesium stearate (vegetable), Silicon dioxide.

FenuSmart™ is a trademark of Akay Group.

How To Use It

Simply take 2 capsules per day with 8 oz. of water. Use consistently for best results.

FenuSmart™ is a trademark of Akay Group.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Amare Ever Balance™
amare.com

Copyright © 2025 Amare Global Holdings, Inc. All rights reserved.